

# SUPERVISING FIRST AID FOR MENTAL HEALTH (RQF L3)

## LEADING FIRST AID FOR MENTAL HEALTH (SCQF L6)



A range of subjects are covered including:

- What is First Aid for Mental Health?
- Identifying mental health conditions
- Providing advice and starting a conversation
- Drugs and alcohol
- First Aid for Mental Health action plan
- First Aid for Mental Health in the workplace
- A large range of Mental Health conditions covered in detail

This course goes into detail on a wide range of mental health conditions and the support and help provided by healthcare professionals. This course is aimed at those within a supervisor/manager level within the workplace, as the designated First Aider for Mental Health.

Location:

Date:

Contact:

Time:

Telephone:

Cost: