



Who is this for?

This qualification is typically delivered over 1 day.

It is intended for all employees, and can be used as an induction to health and safety in the workplace.

This is the UK's most popular type of health and safety qualification.

The course is also ideal for those starting work for the first time.

Course content

This qualification has been developed to provide an introduction to the basics of health and safety in the workplace.

- Principles of Health and safety legislation
- Employees responsibilities
- Principles of risk assessment
- Common workplace hazards and controls
- Fire safety
- Workplace requirements
- Accident reporting
- The first aid provision
- Emergency procedures
- Personal hygiene
- Accident and incidents procedures

The content has been written to meet accepted guidelines. The delivery will be tailored to the needs of the employer.

Learners may also wish to attend the QNUK Level 3 Award in Health and Safety in the Workplace (RQF)

Key points

- Regulated qualification
- Written to National occupational standards
- 6 Guided learning hours (1 day)
- Recommended to be refreshed every 3 years
- Certificate included
- Assessed by MCQs